# **Wellness for All**



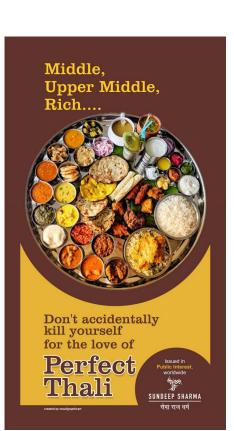
Wellness for all is Happiness for all

## Sundeep Sharma

Project Head

- 5 voluntary organisations working in the field of cancer patient's care 7th Day of March 2018
- Distribution of Medicines to community welfare
- Pediatric Cancer Patients and families assistance corpus fund Baisakhi - 14th April 2017
- AIDS Awareness Rally 2000
- Plague Awareness Rally
- Medical Camps :
  - Kidney Disease Detection Camp
  - Eye Checkup Camp
  - Pediatric and Gynaecologist Camp
  - Diabetes Checkup and Awareness Camp
  - Free Eye Checkup for Auto and Taxi Drivers 3rd March, 2015 to 10th March, 2015

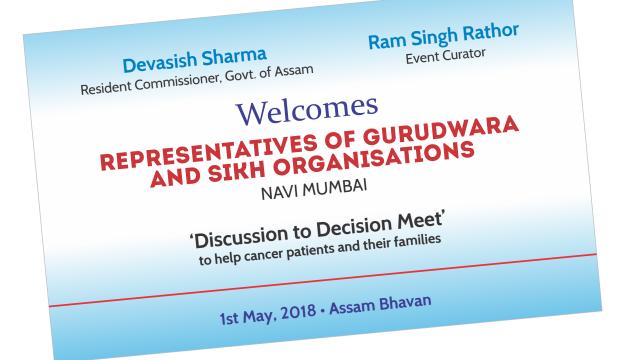
### **Digital Campaign during Pandemic**





SUNDEEP SHARMA सेवा राज धर्मः





## The Changemakers, Navi Mumbai



### **Pandemic Reflex Action**

The Covid pandemic hit the world, India went into lock down called Janata Curfew on 22 March 2020.Our first reaction was to supply food to the doctors, paramedical staff, police, conservancy staff and all individuals serving the nation through their duties to save lives in this unprecedented time.

Sardar Ramsingh Rathor, founder president, United Singh Sabha Foundation (USSF) was the project lead and Gurudwaras were contacted to serve langar.

The District Collector and the District Superintended of police were the nodal officers.

We served in the districts of Thane, Palghar, Raigadh, Amravati, Akola, Vashem, Buldhana, Pune, Yavatmal, Mumbai city and Mumbai sub urban district Panvel Municipal Corporation and Mira Bahinder Municipal Corporation.

The langar started on 1st April 2020 and culminated on 30th June 2020. At its best we were able to serve more than 1 lakh 70 thousand frontline workers or popularly known as Corona Warriors per day.

Langar was provided to the staff of MSRTC who ferried the Indian nationals evacuated from around the world who landed at the Chhatrapati Shivaji Maharaj International Airport Mumbai.

4000 body suits were made available for frontline workers in the district of Yavatmal, Maharashtra on 2nd May, 2020 and the project lead was Shri Anand Embadwar.

Facilitated the smooth movement of man and machinery of Philips Healthcare, Pan India.

Rohit Sathe, the CEO was the nodal officer.

The school building of The Santa Cruz Education Society was made the west region reserve police HQ of the Mumbai Police under the leadership of Dr. Manoj Kumar Sharma, additional commissioner of police, west region Mumbai, Dr. Seema Gupta the project lead and the reserve police force and their vehicles occupied the school premises till 31st December 2020.



Maharashtra Day (1st May 2018) saw the alignment of 12 Gurudwaras (Sikh Religious Shrines) of Navi Mumbai and Assam Bhavan - A government of Assam establishment dedicated in the service of cancer patients and their families from Assam

S. Harminder Singh ji Chadda, President Gurudwara, Vashi

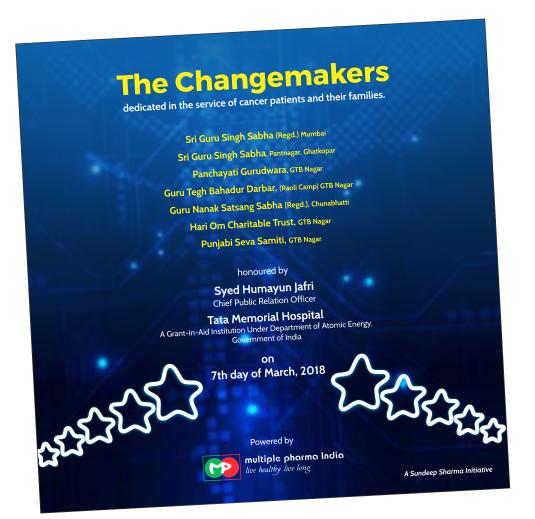


Devashish Sharma, Resident Commissioner, Govt. of Assam introducing the activities of Assam Bhavan



Devashish Sharma, Resident Commissioner, Govt. of Assam being honoured

### To honour the commitment and service of 5 voluntary organisations working in the field of cancer patient's care 7th Day of March 2018





Honouring of the Host Syed Humayun Jafri



Honouring of Punjabi Seva Samiti, GTB Nagar



Releasing of the commemorative publication

Organizations	Beds
Sri Guru Singh Sabha (Regd.) Mumbai	250
Sri Guru Singh Sabha, Pantnagar, Ghatkopar	100
Panchayati Gurudwara, GTB Nagar	40
Guru Tegh Bahadur Darbar, (Raoli Camp) GTB Nagar	30
Guru Nanak Satsang Sabha (Regd.), Chunabhatti	30
Hari Om Charitable Trust, GTB Nagar	30
Punjabi Seva Samiti, GTB Nagar	10
As on 7th March 2018	490



It is my endeavor to channelize
the thought, the energy and
the resources towards a social cause.
It is to compliment and
not to supplement the
efforts of the individual, groups,
organisations and the government.

### Sundeep Sharma



Businesses need to go beyond the interests of their companies to the communities they serve.

### Ratan Tata



15-01-2018

Shri, Sandeep Sharma Ji Social entrepreneur

Dear Sir,

Sub: Distribution Of Medicines for Charity Purpose

We are glad to inform you that, we are engaged in manufacturing & Marketing of Pharma products in capsule & tablets form for the various indications since 2014.

As per our company policy, we would like to distribute the following medicines to the poor & needy of our society.

Sr. no	Products name	Quantity (strips)	Expiry date	M.R.P (approx)
1	PANTADIM DSR	2000	AUG 18	1.62 LAC
2	ROSROSE 5 MG	2000	AUG 18	1.26 LAC
3	ROSROSE 10 MG	2000	AUG 18	1.80 LAC
4	ROSROSE F	2000	AUG 18	2.70 LAC
5	MULTIZEST WOMEN	2000	FEB 18	3.2 LAC
6	MULTISHINE D3	2000	JULY 18	2 LAC
otal		12,000 Strips		12.58 LACS

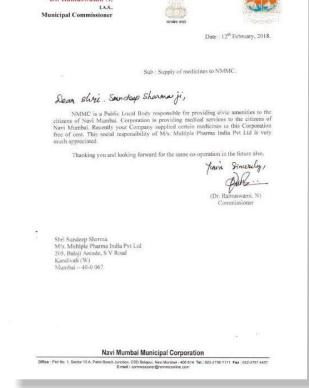
Please note above mentioned products are marketed under the FDA License No. MH-MZ7-137937 and hence must be prescribed by medical partitions only. We suggest the products should be distributed at atleast at 2 centers.

We hope this will reach the underprivileged persons only, at the earliest.

Yours faithfully Ram Singh Rathor

MD (MPIPL)

MGM/MED-C/2017-18/



Dr. Ramaswami, N.



MEDICAL COLLEGE Sector-01, Kamothe, Navi Mumbai - 410 209. Ph: (022) 27433404, 27437991, 27437992 Fax: (022) 27430320 E-mail: mgmmcnb@gmail.com, Web: www.mgmmedicalcollege.org.in

Date: 07.02.2018

### Appreciation Letter

Shri Ram Singh Rathor, vide his letter dated 25th Jan 2018, the following medicines are donated to poor patients of MGM Medical College & Hospital Navi Mumbai issued by Multiple Pharma India Pvt. Ltd. on free of cost charity for poor patients.

Sr. No.	Product/Drug Name	Expiry date	M.R.P. (approx)	Total Strips
1	ROSROSE 5 MG	AUG 18	1.26 LAC	1890 strips (1*10)
2	ROSROSE 10 MG	AUG 18	1.80 LAC	2000 strips (1*10)
3	ROSROSE F	AUG 18	2.70 LAC	1950 strips (1*10)
4	MULTIZEST WOMEN	FEB 18	3.2 LAC	1820 strips (1*10)
5	MULTISHINE D3	JULY 18	2 LAC	480 strips (1*4)

To, Shri. Sundeep Sharma



## मेहा **डे मिभ**जत सेवा <sup>और</sup> सिमरत

Multiple Pharma India Pvt. Ltd. donated Medicines worth Rs. 13 lac to medical institutions of Navi Mumbai. We are the delivery mechanism which ensures delivery distribution and appropriate feedback from the beneficiaries



Navi Mumbai Municipal Corporation



M.G.M. Medical College,Kamothe



Terna Speciality Hospital & Research Centre



S. Ram Singh Rathor celebrates Baisakhi ki shaam with Gurdas Maan





A Concept of Ram Singh Rathor Supported by Streit & Multiple Pharma India



# WE HAVE HONOURED

### Bharat Sevashram Sangha

Devashish Sharma Joint Resident Commissioner, Assam Bhawan

N. K. Dhabhar Cancer Foundation

Sri Guru Singh Sabha Bombay

**Tata Memorial Hospital** 

# FOR THEIR CONTRIBUTION IN CANCER PATIENT & FAMILY WELFARE



IN AID OF Pediatric cancer patients & families assistance corpus fund

buy your donor pass from

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SUNDEEP SHARMA

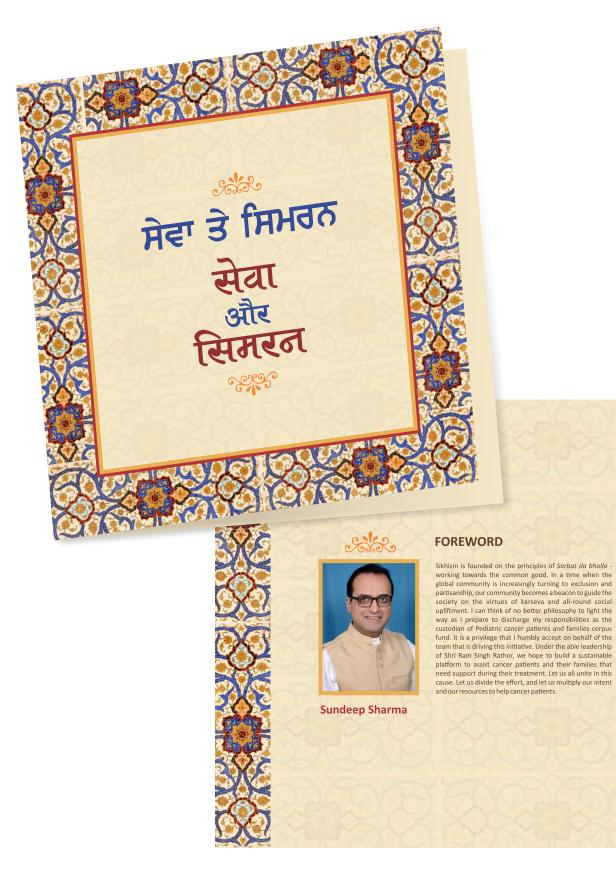
CUSTODIAN

Pediatric cancer patients & families assistance corpus fund

DR. SHRIPAD D. BANAVALI

### **CO-CHAIRMAN EXPERT COMMITTEE**

Prof. & Head. Dept. of Medical & Pediatric Oncology Tata Memorial Center, Mumbai.



This commemorative booklet was released on the occasion of the launch of the Pediatric Cancer Patients and Families Assistance Corpus Fund

### Minutes of the Meeting - Milestone 1

Held on - Monday 20th March, 2017 Between - 15hrs-16:15hrs Venue - TATA CANCER HOSPITAL, UNDER DEPARTMENT OF ATOMIC ENERGY ( GOVT. OF INDIA ) At - Main building meeting room, 3rd floor

Ram Sing Rathor convened the meeting by welcoming and introducing all delegates of the Sikh Community and shared the concept of Sewa and Simran for the entire humanity which is preached by Sikh Gurus. The team of Tata Cancer Hospital was lead by Syed Humayun Jafri, Senior Public Relations Officer, Dr. Shripad Banavali, Professor and Head of Department of Medical and Pediatric Oncology. This meeting was held to discuss and decide on the role of the Sikh Community on helping Cancer patients and families in association with Tata Memorial Hospital.

Ram Singh Rathor proposed the name of Manmohan Singh Ratti, General Secretary Sri Guru Singh Sabha Bombay, as chief liaison officer (one point contact with power and authority) this was unanimously accepted. Dr. Kiran V. Mangaonkar, Principal Guru Nanak Khalsa College, Matunga volunteered his expertise and services to be the liaison officer. They both shall channelize and co-ordinate the efforts of the Sikh community towards the cause. It was decided Shri Ajit Singh shall open a channel of communication with all principals of colleges in Mumbai for blood collection and awareness. Angad Ratti shall co-ordinate this activity. The hospital shall be in direct contact with the Gurudwaras through the liaison officers to benefit the facilities offered by them. Agents and touts to be eliminated as proposed by Balwinder Singh Sandhu. Reduction and elimination of patients and families of Cancer patients from the footpath around the Tata hospital: milestone date --1st May 2017.

Pleasantries were exchanged and the meeting was summed up by Dhananjay Kamalakar ADGP (Coastal Security Maharashtra).

### **Minutes of the Meeting - Milestone 2**

Held on - Friday 31st March, 2017 Between - 12hrs-13hrs

Venue - TATA CANCER HOSPITAL, UNDER DEPARTMENT OF ATOMIC ENERGY ( GOVT. OF INDIA ) At - Main building, Ground Floor in the chamber of

Dr. Rajendra Badwe Director TMC

### **Participants in the Meeting**

- Dr. Rajendra Badwe, Director TMC, Tata Cancer Hospital
- Mr. S.A. Jafaree Sir Sr. PRO Tata Cancer Hospital
- Dr. Ajit Singh Ex Principal and
- Former Director Guru Nanak Khalsa College
- Dr. Kiran Mangonkar- Principal- Guru Nanak Khalsa College
- Dr. Gule- Principal- M.D College
- Dr. Vidya Hattgandi HOD Guru Nanak Institute of Management Studies
- Mrs. Niranjan Kaur Guru Nanak Institute of Management Studies
- Mr. Angad Singh Ratti Coordinator

### **Points Discussed**

- Create Awareness of the needs of Cancer Patients and Cancer Disease.
- Meeting to be arranged by Principal Dr. Ajit Singh of the Office Bearers of 100 Colleges, their Principals and their respective NSS Unit Heads along with their Professor In Charge and Student Heads
- Initiative to set up a Live Data Base of Blood Donors and Blood Component Donors of the College Students
- Suggested to Celebrate Annual Day Festivals of College with the Participation of Pediatric Cancer Patients
- Discussed about 3 (Three) Programs Organized at Tata Cancer Hospital during the Year Namely (Diwali Celebration during Diwali, Holiday in the Month of May and HOPE in the Month of December)
- Once Again inquired about the Accommodation at Gurudwara's with clear objective to Accommodate all the Patients latest by Maharashtra Day 2017 Monday, 1st May 2017.



Auto and Taxi Drivers being examined



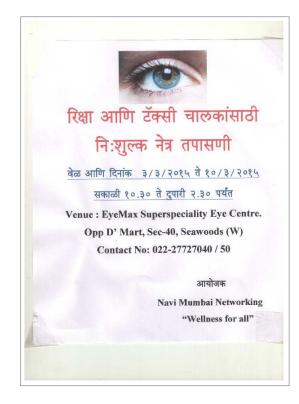
Auto and Taxi Drivers being examined



The President of the Taxi and Auto Chalak Sangha with Sundeep Sharma



Optometrist Prashant Bhatkar of Eyemax super-speciality center being felicitated



Total number of patients examined 24

Number of patients with refractive error (spectacles) 20

Number of patients with cataract 2



नेशनल किडनी फाउंडेशन के कार्यकारी निदेशक कर्नल सत्तनान सिंह, संदीप शर्मा आदि।



चेंबूर येथे नुकतेच एक वैद्यकीय तपासणी शिबीर पार पडले. सदर शिबीराची पाहणी करताना आमदार प्रमोद शिरवळकर तसेच, कर्नल सतनाम सिंग छायाचित्रात दिसंत आहेत.

### Wellness for all is Happiness for all



Pediatric and Gynecological camp at Slums of Vashi Naka.



People waiting in a Queue outside Pediatric and Gynecological Camp at Vashi Naka.



Diabetes Detection Camp at Chembur Railway Station.



Diabetes Detection Camp at Chembur Railway Station.

Medical Camps -

- Pediatric and Gynecological camp was organized on August 1995, at Vashi Naka, for females and children.

- On 30th September, 2001, for the first time in India, he organized Diabetes Awareness Camp in the Railway Station premises wherein print material on Diabetes was exhibited for a week for the public at large to benefit. Thousands of commuter the railway platform was an apt location for the project.
- On 2nd October, 2001, organized a Diabetes Checkup Camp where in more than 204 commuters were checked and a detailed report was given to all of them. Out of the 204 beneficiaries, 60 were tested positive for diabetes.



Sundeep Sharma and Dr. Prakash Bora, an eminent Dermatologist, on the AIDS Awareness Truck.



Media interviewing Sundeep, about the AIDS Awareness Project.

Awareness Rally -

On 7th and 8th October, 2000, AIDS Awareness Rally was flagged off to mark the fight against evil, with the hands of Honorable Minister of State for Power, Government of India, Mrs. Jayvantiben Mehta. This project was organized with the intention of informing the society at large about the deadly disease AIDS. The project involved a truck which was decorated with posters & banners on AIDS was also put on it. An audio tape was played in different languages which gave information on AIDS and explained people what precaution needed to be taken. The aim of this project was to take AIDS awareness programme from the Medical Centers to the households. The regional languages made awareness project an effective one.



Plague Awareness Campaign.

Plague Awareness Campaign - Plague, the deadly disease had hit Mumbai and the urban population leaving in flats or in shantis, did not know how to respond to this problem, hence, we mounted a public address system on Sports Utility Vehicle (SUV) and travelled through the lanes and by lanes of Mumbai and its adjourning areas announcing precautions to be taken by the public.



Mobile Sonography Unit at the Kidney Detection Camp on 6th & 7th June 1998.

Kidney Diseases Detection Camp -

A camp was organized on 6th and 7th June, 1998 in association with National Kidney Foundation of India and Bombay Institute for Prevention & Control of Kidney Diseases with R. G. Stone Urological Research Institute. The camp was first of its kind where a Mobile Sonography Unit was utilized. 122 persons were tested at this camp with those required free sonography was done



Free Eye Check Camp at Pusesavali, Satara, approx. 300kms from Mumbai



Sundeep Sharma being honoured by the Satara Zilla Parishad (District Administration) on 15th August, 2000 for conducting the Free Eye Check up Camp at Pusesavali, Satara.



Free Eye Check Camp at Pusesavali, Satara on 14 -15 August, 2000.



I.O.L's being handed over to the Administrative Manager of Shri Satya Sai Baba Hospital Trust to be used for Free Cataract Operations.

- B) Eye Checkup camps -
- To celebrate the 52nd year of Independence Day of India, a 2 day Eye Checkup Camp including Cataract Operations was organized at Pusesavali, District Satara, Maharashtra.
- Camp was organized on 16th April, 2000 at the Mathrusadan, Old Age Home for ladies, 43 inmates were given free eye checkup, where in the consultation fees were waived off.
- A 6 day free eye checkup camp was conducted from 3rd to 8th April
  2000 for Auto Rickshaw and Taxi drivers of Navi Mumbai.
- Camp for Devotees at Nerul Gurudwara was held on 16th April 2000.
- Camp at Youth Council, Rashtriya Chemical Fertilizers Colony on 1st July 2000 for domestic helpers and gardeners, etc.
- Camp at New Marathi School, Karave Village, Navi Mumbai on 15th July 2000
- Camp at New Marathi School, Karave Village, Navi Mumbai on 9th July, 2000
- 5 in 1 Eye checkup camp in Chembur 25th December, 2000.
- For the first time 5 free eye check up camps were held simultaneously with one Core Eye Care Centre, at Chembur. All together in one day detected - 45 Cataract, 4 Allergic Diseases, 7 Glaucoma, 3 Squints and 4 Corneal Opacities.
- On 4th March, 2001, Free Eye Checkup Camp Specializing in Squint, Glaucoma, Retinal Disorders and other such Ophthalmic disorders, was organized.
- Various donations of IOL's (Inocular Lenses) have been made to minimize expenditure of Cataract Operations.

Sundeep Sharma Socio-Political Entrepreneur Co-operate Strategist Conversationalist

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